

## Introducing

## 2017 Community Walk

The First Annual
Greene County Diabetes Community Walk
342 US Hwy 13 South
Snow Hill, NC 28580

WEDNESDAY, NOVEMBER 8 9:00 am - 12:00 pm



WHY WALK:

Reduces your risk of coronary heart disease

Improves your blood pressure and blood sugar levels

Elevates your mood

Reduces your risk of osteoporosis, cancer and diabetes

If you have any questions about the walk or volunteering please call Shelina Bonner, Family & Consumer Sciences Agent with the Greene County Extension Office at (252) 747-5831 or srbonner@ncsu.edu

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